

*You are invited to a free lecture on*

## **Arts Programs in Aging and in Dementia**

**When: Saturday, September 14, 2013**

**Where: Performing Arts Centre at the Marie Fleming Hall**

**What time: 2:00 – 3:30pm**

### **Sponsored by:**

The Winston Churchill Memorial Trust Travelling Fellowship, UK  
The Society for the Arts in Dementia Care, Canada  
The Performing Arts Centre, Vernon, BC

### **Presenting**

**Dalia Gottlieb-Tanaka** on the creative arts, aging and memory impairment  
**Nicky Hatton** on theatre and dementia  
**Jeanne Sommerfield** on creative writing and dementia care



### **Nicky Hatton, PhD Candidate**

Nicky Hatton is a theatre maker and researcher who works in health and community settings. Since completing her MA in Applied Theatre in 2008 she has run outreach programs for producing theatres, including Hampstead Theatre, Arcola Theatre, the Tricycle and Manchester Library Theatre in the UK. Nicky is interested in the relationship between theatre and mental health and since co-founding Plot 10 she has worked extensively in hospital, mental health and care home

settings.

She is currently a funded PhD candidate at Royal Holloway University of London, researching theatre practice with people with dementia. Nicky is an evaluator for Age Exchange/South London and Maudsley NHS Foundation's arts program for mental health service users, and a visiting practitioner at The Royal Central School of Speech and Drama. In 2013 Nicky was awarded a Winston Churchill Memorial Trust Travelling Fellowship to research theatre-making with people with dementia in Canada and the USA. Nicky can be reached at [nicky@plot10theatre.com](mailto:nicky@plot10theatre.com)



### **Dalia Gottlieb-Tanaka, PhD**

Dalia Gottlieb-Tanaka earned her PhD from the University of British Columbia in 2006. In 2011 she completed a Post Doctorate Fellowship with UBC's Department of Psychology. In 1976 she graduated from the Bezalel Academy of Arts & Design in Jerusalem, and in 1980 received a Master's of Architecture degree from UBC. After working in architecture for about 30 years and raising a family, Dalia returned to school to pursue gerontology,

specifically in the study of creative expression, dementia and the therapeutic environment.

The Creative Expression Activities Program she developed for seniors with dementia won an award from the American Society on Aging and the MetLife Foundation. She delivers presentations demonstrating the program and her research work in the US, Canada, Israel and Europe. Dalia founded the Society for the Arts in Dementia Care in British Columbia and is the moving force behind the annual international conferences and workshops on creative expression, communication and dementia (CECD). She acts as a dementia care consultant for caregivers, families and health care professionals and creative arts facilitators. Dalia can be reached at [dr.daliagt@gmail.com](mailto:dr.daliagt@gmail.com)



## **Jeanne Sommerfield**

### **Dementia Care Practitioner**

In Jeanne's approach to working with seniors, she endeavours to provide meaningful engagement, based on programs that enhance dignity and validate life experience. As a practitioner working daily with seniors of all abilities, Jeanne's goal is to provide support, increase understanding, and improve the quality of life for seniors and their families.

Through **The Creative Writing Group**, Jeanne engages elders, capturing their words and phrases as expressed in discussions around a theme, creating a poem or story. Through this process, elders participate in reminiscing, cognitive challenges, physical stamina, community building, expressing personal philosophy and spirituality, shared enjoyment and pride. This program can be successful with elders of all cognitive abilities. These interactions encourage meaningful expression, assist in developing relationships and engage individuals or groups "in the moment" Jeanne can be reached at [cjsommerfield@gmail.com](mailto:cjsommerfield@gmail.com)

**For more information please contact:**

**Erin Kennedy, Artistic Director**

Vernon and District Performing Arts Centre

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