

One Day Workshop

**Assessing the
Creative Expressive Abilities of People Living with Dementia
(CEAA Tool)**

Monday 11th March 2013
The University of Worcester
10:00-15:30

Delegate Fee: £40

Presented by:

Drs. Dalia Gottlieb-Tanaka and Peter Graf

- 10:00 Registration**
- 10:30 Welcome** Professor Dawn Brooker, Director of the Association for Dementia Studies
- 10:35 Background:**
- aging of society
 - available evidence on activity programs offered for people living with dementia,
 - the need for additional quantitative data for systematic research on activity programming which works for different populations
- 11:00 Brief review of tools available** for collecting quantitative data on the creative expressive abilities of people living with dementia: OSHKOSH & MARCC
- 11:10 Steps in the development of the CEAA**, with focus on item selection/creation, and establishing reliability and validity
- 11:30 Detailed instruction on a selection of CEAA items**
- 11:50 Comfort break**
- 12:05 Using the CEAA** while watching video footage
- 12:20 Group debriefing/discussion of scores**
- 12:50 Lunch and networking**
- 13:50 Re-using the CEAA** with new video footage, followed by debriefing
- 14:15 Report on who uses the CEAA &
Discussion of other possible uses of the CEAA** (suitability for different kinds of projects)
- 14:30 Using the CEAA** for self-assessment, for training activity facilitators, for clarifying aims of activity programs
- 14:45 Closing comments by participants & presenters**
- 15:25 Closure**

WHY IS THE CEAA TOOL NEEDED?

- The ageing of the population will peak between 2025 and 2045, increasing the number of people with dementia and in need of care.
- Emerging research shows that programs which engage people with dementia in some form of creative activity (e.g. painting, making music and singing) can be surprisingly effective in enhancing their psychological health and well-being and thus quality of life.
- The benefits of such programs need to be documented to foster their acceptance by creative expression facilitators, care facility administrators and staff, as well as by other care professions. For those reasons, we have created a new tool for collecting comprehensive quantitative data on the positive effects which occur when people with dementia participate in creative activities.

WHAT IS THE CEAA TOOL?

- The Creative Expressive Activity Assessment (CEAA) tool has 25 core items that cover seven different domains (memory, attention, language, psychological skills, reasoning, emotionality, culture).

WHO IS THE TOOL INTENDED FOR?

- The instrument is intended for use by activity facilitators for the purpose of tracking changes in the expressive abilities of individual clients or for comparing the beneficial effects of participating in different types of activities.

CAN THE TOOL BE PURCHASED?

- The CEAA tool will be available to registered participants of this workshop for a special price of \$300 Canadian currency¹ (including shipping and handling). This is the price for the use of the tool by one facilitator or by one facility². Attending the workshop will place you in a much better position to make a decision on whether or not to purchase the tool. If you wish to take advantage of this special offer you will need to request this from either Drs. Dalia Gottlieb-Tanaka and Peter Graf and they will send you an appropriate invoice.

WHAT IS THE PURPOSE OF THE WORKSHOP?

- To gain experience with the CEAA.
- To hear about the development of the CEAA and the steps taken to improve its reliability and ascertain its validity; to discuss possible uses of the tool in research and practice settings.
- To view video recordings of clients who are engaged in familiar care activities;
- For workshop attendees to practice observing and scoring their behaviour by means of the CEAA.

¹ *Approximately £190.*

² *NB A higher cost applies to institutions who may wish to purchase the tool.*

WHO WE ARE

- Dalia Gottlieb-Tanaka, PhD (dr.daliagt@gmail.com)



Dalia Gottlieb-Tanaka earned her PhD from the University of British Columbia, in the Institute of Health Promotion Research and the Interdisciplinary Studies Program. She graduated in 1976 from the Bezalel Academy of Arts & Design in Jerusalem, and received a Master of Architecture degree in 1980 from the University of British Columbia. After working in architecture for about 30 years and raising a family, Dalia returned to school to pursue a new direction in gerontology, specifically in the study of creative expression, dementia and the therapeutic environment. The Creative Expression Activities Program she conceived and developed for seniors with dementia won an award from the American Society on Aging and the MetLife Foundation. She continues to deliver presentations and workshops demonstrating the program in the US and Canada. Dalia founded the Society for the Arts in Dementia Care in British Columbia and is the moving force behind the annual conferences and workshops on creative expression, communication and dementia (CECD). For further information see <http://www.daliagottlieb-tanaka.ca/> and www.cecd-society.org

- Peter Graf, PhD (pgraf@psych.ubc.ca)



My research is focused on the following broad topics:

- **Memory:** The nature of episodic prospective memory and its relation with episodic retrospective memory
- **Usability:** The usability of handheld communication and computing devices
- **Personhood:** The relationship between personhood and cognition in

old age and dementia

For further information see - <http://www2.psych.ubc.ca/~pgraf/peter.htm>

If you wish to book a place please use the online booking system at:

https://secure.worc.ac.uk/cgi-bin/dementia/conference/dementia_conference.pl

If you are not able to use this please send/email your booking form to:

Mike Watts (m.watts@worc.ac.uk)

Association of Dementia Studies

University of Worcester, Institute of Health and Society

Henwick Grove, Worcester, WR2 6AJ

Conference Booking Form – Invoice request

(Please only use this if you are unable to make a booking using the online booking system at:

https://secure.worc.ac.uk/cgi-bin/dementia/conference/dementia_conference.pl)

Please note that we must have a booking form for each requested place

Bookings will not be accepted for forms received after 28th February 2013

Delegate fee: £40

DELEGATE DETAILS

Title (Miss/Mrs/Ms/Mr/Dr/Prof):	
Full Name:	
Job Title:	
Place of Work:	
Contact Address:	
Town/City	
Postcode	
Tel:	
E-mail:	
Any special dietary requirements	

Invoice Details

Purchase Order Number:	
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PLEASE NOTE: CREDIT NOTES CAN NOT BE RAISED IF YOU ARE UNABLE TO ATTEND

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